



May 23, 2018

Dear Parent or Guardian:

St. Elizabeth Sports Medicine is excited to be able to offer ImPact baseline neuro-cognitive testing as a FREE service to the athletes at the local high schools we currently provide sports medicine care. In the event that an athlete should sustain a concussion, the baseline test can be compared to post injury neuro-cognitive test results. This comparison will help with return to play guidelines.

I, Ashley Vater (your athletic trainer), will be conducting the ImPact baseline test for FREE at Bishop Brossart High School on June 11th-13th. I will be doing testing on:

- Monday, June 11th from 10am-1pm
- Tuesday, June 12th from 10am-1pm
- Wednesday, June 13th from 1pm-4pm

Tests are scheduled every hour on the hour (so 10, 11, 12 & 1; then at 1, 2, 3, & 4.). The test should take approximately **45 minutes to complete**. Only 10 athletes can be tested at a time, so there are only 10 spots for each hour. Tests will be held in the computer lab AT BROSSART.

Please arrive 15 minutes early to the test. This test is taken on computers as a group so late arrivals will not be let in and will have to wait until the next hour or reschedule.

The Baseline ImPact test is open to any athlete at Brossart. Per administration and coaches, this is required for all football players since it is a high contact sport. It is also highly recommended for soccer. If a student athlete is unable to make these dates, please let me know and I will do my best to schedule a make-up day that accommodates most.

This baseline ImPact test is good for 2 years. If your child took the test with me last summer but got a concussion since then, they need to re-take the baseline test. Athletes under the age of 13 cannot take the test due to the cognitive nature of the test.

Please e-mail me at ashley.vater@stelizabeth.com or you can call me at **859-743-6803**, to schedule your appointment. Please note if you call me, this is my personal number so I will answer with a traditional "hello," not "St. Elizabeth Sports Medicine." If you do not hear back from me within 2 days, please re-contact me as I may have missed your call or e-mail.

Sincerely,

Ashley Jolly Vater, ATC

Bishop Brossart High School
St. Elizabeth Sports Medicine

